

Quality Care For Kids Newsletter

August 2024 | August is National Immunization Awareness Month

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Children are exposed to thousands of germs every day. This happens through food, air, toys and other objects children put in their mouths. Children are born with immune systems that can fight most germs, but there are some they can't fight off, which can make them very sick. Vaccines help strengthen their immune system.

Vaccines use very small amounts of antigens to help a child's immune system recognize and learn to fight serious diseases. Antigens are parts of germs that cause the body's immune system to go to work. Thanks to scientific advances, today's vaccines can protect children from more diseases using fewer antigens.

Children and adults need immunizations throughout their lifetime. Staying up to date is important for staying healthy. Talk to your healthcare provider about staying up to date on vaccinations.



IOWA IMMUNIZATION RESOURCES

Iowa Immunization Requirements for Child Care and Schools chart



<https://hhs.iowa.gov/media/669/download?inline>

Additional information on immunizations



https://www.cdc.gov/vaccines-children/?CDC_AAref_Val=https://www.cdc.gov/vaccines/parents/index.html

Contact your CCNC if you have questions



<https://hhs.iowa.gov/programs/programs-and-services/child-care/hcci>

Iowa certificates of immunization have recently been updated. Previous versions of the immunization certificates remain valid and child records do not need to be updated with the new certificates. The Religious Certificate of Immunization Exemption no longer requires notarization.

The new Iowa Certificates of Immunizations



<https://hhs.iowa.gov/immunization>