

Infant Room Schedule

6:30-7:15 Arrival, Exploration, and Investigation

Saying good-bye for the day can be a tough transition. Being able to separate is necessary if children are going to develop independence and competence. Teachers can help in this transition by holding the child to comfort, take the child ramp to wave goodbye, and/or offer other types of comfort.

Toys are important tools for learning. When children play with toys, they learn how to move, think, communicate, and relate to others. Teachers will let children investigate on their own. The teacher can step in to ask questions to encourage further play, to help build relationships, or for guidance and/or safety reasons.

7:15-8:00 Breakfast/Younger children are fed on demand if this is not an appropriate time for them

Mealtime is a chance for children to begin practicing good nutrition and health habits. It also gives your child a chance to feel cared for, and to develop self-help skills, communication, and social skills. Children's experiences and the attitudes they form today will help shape their eating habits in the future. Children finish as they feel their body is done.

8:00-9:00 Indoor exploration and investigation/Small Group activity offered

During this time, a small group activity is offered at the table or on the floor as appropriate. It can include but is not limited to; painting, drawing, craft creations including 3-D art, a new manipulative, science or nutrition activity that requires direct supervision, etc. If there is a high interest in the activity, it can be offered again later in the day or in the following days.

9:00-9:30 Outdoor exploration and investigation

If weather is not appropriate for outdoor time, the schedule is adjusted to meet gross motor time, if possible. Teachers plan a variety of outdoor activities/toys for the children.

9:30-10:00 Snack/Younger children are fed on demand if this is not an appropriate time for them

10:00-11:00 Indoor exploration and investigation

11:00-11:30 - Large Group Book Reading: Children join as they choose

This is an opportunity to come together as a whole group and listen to the book of the day. It is a time to learn about special interests children have been showing awareness in or a book chosen by the teacher to further learning and overall appreciation of reading. If children request other books to be read and time allows before nap, they are read as well. Book reading also happens throughout the day at children's request.

11:30-12:30 - Lunch/Transitions to rest time as appropriate

12:30-2:30 Rest time as appropriate

Having enough sleep makes it more likely that children will enjoy and benefit from learning opportunities throughout the day. Sleeping and naptime enable children to develop trust and competence as they move from being awake to falling asleep and waking up again. Teachers will rock or rub the children's backs to aid them in falling to sleep.

2:30-3:00 Snack/Younger children are fed on demand if this is not an appropriate time for them

3:00-3:30 Outdoor exploration and investigation

3:30-4:00 Transition from outdoor exploration to Story time

The more stories read aloud, the more words your child(ren) will be exposed to. Hearing words helps to build a rich network of words in a baby's brain.

4:00-5:30 Exploration and Investigation

5:30-6:00 Free reading time

This is an opportunity to come together and explore books. It is a time to learn about special interests children have been showing awareness in or a book chosen by the teacher to further learning and overall appreciation of reading. If children request other books to be read and time allows before leaving, they are read as well.